## Expressing Gratitude

Weekly Report 8: 10/7 - 10/13

In the professional world, there are many steps in the process of creating meaningful connections. While many successfully follow through with the process at the beginning stages, some forget the final and most important part: expressing gratitude. Expressing gratitude is a fundamental step to developing a connection in a meaningful way.

This past week in ISM I had the opportunity to express my gratitude toward professionals for their advice at Business Symposium. In doing so, I was able to leave a memorable impact on the professionals.

While the idea of writing a sincere thank you letter may seem simple, the actual process of doing so is not so much. When writing thank you letters, you should include specific instances of the interview while using eloquent language to express the proper emotions. While referencing specific instances of the interview was not difficult, embedding it into eloquent language proved to be challenging. However, with the help of prior examples along with some reflection of how I wanted to voice myself, I was able to craft the perfect letters of gratitude.

Reflecting for the future, writing thank you letters was not something I had heavily considered until after the Business Symposium experience. Due to these experiences, expressing gratitude is something that I will actively partake in more often. In doing so, I will be able to continue making meaningful connections as I delve further into the professional world. In addition to professionalism, my personality has matured because I am better able to express my emotions and have just grown in general as a person.